

# Championnats Canadiens Masters 2024

Date	Session	Weigh-In	Start	Sex	Age	Weight	# Lifters		
					Group	Category	Group	Session	
Friday 12th	M1-FRIDAY	9:00 a.m.	11:00 a.m.	M	M70	67-89	4	8	
					M75	67-102	2		
					M80	89	1		
					M85	67	1		
	W1-FRIDAY	10:45 a.m.	12:45 p.m.	F	W60	59-81	3	10	
					W65	55-64	3		
					W70	64-76	3		
					W75	87	1		
	M2-FRIDAY	12:30 p.m.	2:30 p.m.	M	M60	67-109	10	11	
					M65	67	1		
W2-FRIDAY	2:30 p.m.	4:30 p.m.	F	W55	55-87	6	6		
AGM 8:00 p.m at venue local #7107									
Saturday 13th	W3-SATURDAY	7:30 a.m.	9:30 a.m.	F	W50	59->87	10	10	
	M3-SATURDAY	9:30 a.m.	11:30 a.m.	M	M50	61-89	9	15	
					M55	73-89	6		
	Oppening ceremony 2:00 p.m.								
	W4-SATURDAY	12:30 p.m.	2:30 p.m.	F	W45	45->87	9	9	
	M4-SATURDAY	2:30 p.m.	4:30 p.m.	M	M40	73-109	5	11	
M45					96-102	2			
M50					96-109	4			
Sunday 14th	W5-SUNDAY	7:30 a.m.	9:30 a.m.	F	W40	49->87	12	12	
	W6-SUNDAY	9:30 a.m.	11:30 a.m.	F	W35	59-71	10	10	
	M5-SUNDAY	11:30 a.m.	1:30 p.m.	M	M30	73-102	4	9	
					M35	81-102	5		
	W7-SUNDAY	1:30 p.m.	3:30 p.m.	F	W30	64->87	5	8	
					W35	81->87	3		
Banquet 7:30 p.m. caf��teria									